

Performing Solat (Prayer)

Begin by saying Niyat (declaring intention to pray)

1. Takbir	Allahu Akbar Allah is Greatest
2. To be said whilst standing with hands on navel (Qiyam)	« Surat Al-Fatihah + one other Surat » Allahu Akbar
3. To be said whilst bowing (Ruku)	Subhana Robbil Al-Azeem (x3) Glory to my Lord, the Great
4. To be said whilst standing (Itidal)	Sami Allah Huliman Hamudah Allah accepts any who are grateful to Him Robana Walakal Hamd Lord, praise be to You
5. To be said whilst prostrating (Sujud)	Subhana Robbil A'la (x3) Glory to my Lord, the Highest Allahu Akbar
6. To be said whilst sitting (Jalsa)	Robbil-firghli war Humni Lord forgive me and have mercy on me Allahu Akbar
7. To be said whilst prostrating (Sujud)	Subhana Robbil A'la (x3) Glory to my Lord, the Highest Allahu Akbar

<p>8.</p> <p>To be said whilst sitting (Tashahud)</p>	<p>At-tahiyato-lillah was-salawato wat-tayibat. Assalamu alayka ayuhan-nabi warahmatulahi wabarakatu. Assalamu alay-na wa'ala ibadillais soliheen. *Ashadu ala ila-ha illallah la-shaeeka-la, wa ashadu ana Muhammadan abduhu wa rasuluh</p> <p>All reverence, all worship, all sanctity are due to Allah. Peace be upon you, Oh prophet, and the mercy of Allah and His blessings. Peace be upon us all and on the righteous servants of Allah. I testify that there are no gods besides Allah alone, and I testify that Muhammad is His servant and His messenger.</p> <p>* At this point, you should point the index finger as you are emphasising the fact that there are no gods besides Allah.</p>
<p>9.</p> <p>To be said whilst sitting (Solat An-Nabi)</p>	<p>Allahuma soli ali sayidina Muhammed wa ala ali sayidina Muhammad, kama solata ala sayidini Ibrahim wa ala ali sayidina Ibrahim. Wa barik ala sayidina Muhammad wa ala ali sayidina Muhammad, kama barakta ala sayidina syaidina Ibrahim wa ala ali sayidina Ibrahim. Fil alameena inaka hamidun majid</p> <p>Oh Allah! Exalt our master Muhammad and the people of our master Muhammad, as You did exalt our master Abraham and the people of our master Abraham. And bless our master Muhammad and the people of our master Muhammad as You did bless our master Abraham and the people of our master Abraham. Verily, You are praiseworthy and glorious</p>
<p>10.</p> <p>To be said whilst sitting (Salam)</p>	<p>«Looking over right shoulder» Assalamu Alaikum Peace and blessings be upon you «Looking over left shoulder» Assalamu Alaikum</p>